Cora Lindholm posted an article.
“Bra Boys: Surfing to Survive”
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Mathew Pereda added a note.
“Flashing Images”, “Disinter”
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Holly Jordan shared an album.
“How to Get to the Arboretum” – Book Arts
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Mathew Pereda added a note.
“Diane”, “Connected”
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Taylor Jenkins shared an album.
“37” – Book Arts
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Jacob Reed shared an album.
“The Green Road (to Greenbriar)” – Book Arts
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Cora Lindholm posted an article.
“Bra Boys: Surfing to Survive”
Like – Comment – Share – Page 50

New College Review Staff shared an album.
Staff Profiles
Like – Comment – Share – Page 55
We have been called lazy, entitled, and unmotivated. There are countless studies being conducted on us, and new articles are published about us every day. We text, we Instagram, and we sleep with our phones next to our beds. We have different political views than any other generation. Studies* show that, as a group, we are “confident, connected, and open to change”. The Millennial Generation is a fascinating group to belong to. We live in a fast paced and ever-changing world, and our generation’s personality reflects that.

According to a major study of the Millennial Generation conducted
by the Pew Research Center in 2010, there are many common trends among people in this generation. Although it is obviously unrealistic to assume that everyone belonging to the Millennial Generation is the same, there is definitely value in acknowledging the fact that there are commonalities among the members within a specific generation.

One is considered a Millennial if he or she was born between the years 1987–2000. There is generally a strong sense of community within this group of people, especially when it comes to remembering our childhood. Many of us grew up listening to the same music, watching the same television shows, and processing major world events at similar times. Even though we are a diverse group, we are united on many fronts because of the interconnectedness of our modern world.

This generation is “more ethnically and racially diverse” (Pew Research Center) than older generations. In America, only 61% of Millennials are white, in comparison to the 73% of the Baby Boomer Generation. This reflects how our world is becoming more diverse, and our generation supports this claim. This diversity brings a hopeful outlook that people of different backgrounds will learn about each other and grow closer together.

When it comes to education, the Millennial generation spends more time in school than other generations. Over half of the Millennial Generation has at least some college experience, and this is still increas-
ing with time. Because the workplace has become more competitive due to factors such as outsourcing, technology, and a growing population of potential workers, education is valued among the Millennials. Interestingly, Millennials are less likely to be currently employed than others of previous generations at the same age.

Part of what defines a generation is what that generation believes about themselves. When Millennials are asked to reflect on their own generation’s qualities, 61% believe that their generation is unique. When asked what makes them unique, the majority of people considered technology use to be the leading factor. When the same ques-
tion was asked to the Baby Boomer Generation, the majority of Boomers stated that work ethic was the most significant quality that made their generation unique (Pew Research Center). This focus on and value of technology is definitely a unique part of this generation, and it plays a major role in how our generation is perceived.

Technology is obviously a significant part of our modern world, so it is interesting to look into how this technology is affecting the members of the Millennial Generation. Texting has become a normal form of communication. In the past 24 hours, the typical Millennial will have sent or received 20 texts. In the same time period, a typical Baby Boomer will have only sent 5 texts. This change in methods of communication is currently being researched, and it will be interesting to learn the long-lasting effects that will occur because of the new ways that we communicate.

The Millennial Generation has an interesting set of priorities. “According to the Pew Research Center, helping others in need is the third highest priority in Millennials’ lives. Behind being a good parent and having a successful marriage, the generation finds service a top priority”. When looking at our generation, others might assume that our priorities are elsewhere. I conducted my own survey regarding this concept, and I found that 95% of Millennials that I polled have volunteered in the past 12 months. This high percentage shows that our generation values helping others, which is in contrast with the belief that Millennials are selfish or lazy.

The Millennial Generation is so complex and fascinating. We live in a time period that is unlike any other – from technologies to current political issues to globalization, it makes sense why our generation is unique. I anticipate great things from our generation, and I know that we have the capabilities to change the world for the better.
Erika Busse

The Millenium Man
Remember those big, white cell phones from the early 1990s that looked like satellite phones? Back then, we thought those phones were the greatest thing ever, and that there was no way that it could get any better than that. Man, were we wrong. We have seen more technological advancements in our generation than any other generation. The technological advancements between the 1990s and today is truly amazing to think about.

The year when the world really changed was 1991, with the introduction of the World Wide Web by Tim Berners-Lee. People were astonished to think about how they could surf this “web” on a computer and see all of these different things such as the latest news and weather all on one screen. It was a worldwide phenomenon that presented something that had never been seen before. Before the internet was invented, people would have to look into encyclopedias for information that could take up to 20 minutes at a time. Once the internet was created, they could just type on a screen to look up something and it popped up on the screen. The internet made everything much easier from a research perspective. Resources were available on one screen, rather than having to go page by page through each resource.

When the internet first was invented, it was really slow and needed to be hooked into a telephone wire and dial up for a connection. It was common for people to wait several minutes to “connect” to the inter-
The internet came out on a pay-per-minute basis because of the breakthrough that it was. Everyone wanted this “internet” thing that other people were talking about. America Online was one of the most popular providers that many can remember. Most people still remember the AOL Instant Messenger that was a common means of communication between teenagers in the 1990s.

Each generation wants newer, faster everything, so when the World Wide Web was introduced, everyone from business savvy adults, to young children jumped onto the technology train. Another important technology was introduced in 1991; the digital answering machine. The answering machine was a technological breakthrough in the phone industry. It created a boost to the overall use of phones, which then led to more communication among people. The answering machine became a hot commodity, especially in the business world. It paved the way for how we communicate today, leaving messages on voicemail and answering machines still. Imagine how hectic the world would be if we were not able to leave messages to one another, whether they be urgent or just casual.

In 1993, maybe the biggest technology boom of all time happened. The pentium processor was invented, which could hold up to 16 KB of information on a computer at a time. It was the main processor of the computer, and provided a major upgrade from the huge computers that were first invented, because of their size. This might not seem like the biggest invention on the list of technological breakthroughs, but let me assure you that without the processor that was invented then, we would not be at the capacity and memory today that we all have in our laptops or home computers.

In 1995, the entertainment industry made a major technological breakthrough with the Digital Video Disc (DVD). The DVD presented
the movie on a disc rather than on a clunky VHS cassette. The sleek design and portability really made the DVD thrive. Additionally, DVDs were cheaper to produce than VHS tapes, which ended up not only a bang for the entertainment industry, but a bang for us consumers as well. If you had a DVD player and DVDs when they first came out, you felt like you were a big shot celebrity; everybody and their mother wanted one. The DVD provided the most unique movie watching experience that we had ever witnessed. When I was 12, my family decided to upgrade to the DVD player over our VCR player. It was like the world changed. The picture quality was much improved and clear compared to a VCR. The first time I experienced the ultimate DVD experience, I could never return to watching a cassette on the VCR. The Blu-Ray disc came out in 2008. It had 1080 resolution, and brought a high-definition experience to your living room.

Text messages became a big deal in the late 1990s. With this new phenomenon, if you did not feel like talking to someone on the phone, you could send a quick message by typing it out and sending it to the person you were going to call. Texting became popular because of the portability and quickness that it took to convey a message. The text message really changed the way people communicated with one another and it truly made a positive change in our society.

The iPhone might be one of the greatest leaps in technology since the invention of the cell phone in 1990s. The iPhone was created because of the first advancement of the cell phone when it went from the satellite phone to the portable flip phone. The iPhone truly changed the way the cell phone is used and the amount of things that can be done on the iPhone, whether it be making an appointment or taking a photo, none of this would be even possible if it weren’t for the advancements that we made in the 1990s. Without these key advancements
that we experienced throughout the 1990s, none of the innovations that we have now would even exist.

It is amazing to think about how the 1990s can be perceived as the technological generation because of all the technological advancements that took place over this time, whether it be the cell phone, World Wide Web, or the DVD. These three technological advancements truly changed our generation and provided our generation with such a great breakthrough of technology that we have never seen before. Our generation must be thankful for all the technological advancements that they gave us not to only use but help advance it even more and create an easier more fluent way of enjoying the technology from the past and present.
Referred to as “digital natives,” our everyday lives as Millennials revolve around technology and its gift of constant and immediate contact with one another. Today a simple picture or video with a short caption is an easy and quick way to let someone know what you’re doing. We no longer have to get to know one another face to face, but instead can stay in touch constantly through texting or social media. People age 18–34 are said to have an average of 319 friends on social media; but when it comes down to it, how many of these “friends” do you actually know and have a relationship with? Advances in communication have their perks, allowing people to stay in touch easily and expediting the process astronomically. However, all our time spent with technological communication is not necessarily considered a good thing. Has progression within the ways that we communicate brought us closer with one another, or has it distanced us?

Our generation is more connected than any other before us and while we are devotedly caught up within this world of communication, our
predecessors are literally lost in translation. The majority of people in their teens to late twenties text on a daily basis leaving little to no human interaction; how often do you walk across campus and see no one on his or her phone? Rarely. The reality of it is in the short amount of time you find yourself walking from one class to another maybe only a handful (a very small handful if I may add) of people are not holding their phones. The benefit of this is simple; people are accessible almost all of the time and not simply via texting and calling. With new and improved smart phones, programs like Facebook, Twitter, Instagram, and Snapchat are all at your fingertips. Our generation is characterized by technology and our extremely social nature, but just because we are more social does not necessarily mean that we now have a prolific amount of close relationships with others.

By no means am I saying that the recent advances in technology and communication are a bad thing, because I am just as bewitched by it all as the rest of the public. Who can truly say that looking at Instagram is not an enjoyable way to kill time for a couple minutes? It is like your own hand held photo album there whenever you want it. Who doesn’t love that?

However, when it comes to social media, users are tending to share more information than necessary. Within moments of logging onto Facebook, one learns mass amounts of information about their numerous “friends” that they otherwise may have never known. Be—
ing someone’s “friend” on Facebook does not necessarily take on the same meaning as one may think. People who you may have met once, or possibly never, can be your friends on Facebook, providing you with information regarding their lives that otherwise they may not have told you. Following, or in some cases stalking, celebrities on social media also shines a light into lives, providing vast amounts of information on a complete stranger. Both cases provide one with a sense of relation and knowing who the other person is, when in fact the relationship is a fallacy. Though it is nice having this much access to the lives of others, it prevents us from actually contacting and hearing stories first hand from the other party, thus further distancing relationships. On the other hand, it allows us to keep up with the lives of people who we may not have without the help of technology, such as high school friends or distant family.

“[O]ur generation knows no world without rampant technology and immediate communication.”

Alternate forms of communication, such as texting, have their pros and cons as well. Texting can be a quick and easy way to share information between two parties. It is also a nice, silent way to relay news when a phone call cannot be made. Texting friends is a fun form of entertainment helping the school days pass by faster, and it seems to be the primary avenue for communication between people under thirty. The fact that human interaction between peers is on the decline begs the question of whether we are really as close as we think we are with our friends. Because it is difficult to read emotion through text, or much less see the other party’s reaction, it can be confusing when it comes to reading one’s feeling regarding the conversation. People also tend to hide behind their phone with a false sense of security, giving them more confidence. Prime examples of this are the bullying cases that have been so prevalent within the past year. Social media has shown in multiple cases to be the weapon of choice used most prevalently by bullies when attacking their victims. Examples of this are everywhere, seeing as cyber bullying is infamously growing throughout the news. Texting the opposite sex also proves to be
easier for the more timid people, diminishing the amount of social interaction. Without texting it may be safe to say that many conversations between guys and girls would cease to exist.

Ultimately, our generation knows no world without rampant technology and immediate communication, unlike anything past generations have ever experienced. As a technology obsessed generation, we are accused of having lost our social skills. With all the different avenues for communication, meeting someone face to face in order to have a conversation is almost unheard of. Though we may have underdeveloped some social skills, it is safe to say that we have acquired a new and improved set of skills adequate for the current era. Technology has exposed us to an entire global community, increasing our awareness of world events as well those close to us. With the ever evolving world of communication surrounding us, our ability to keep up and adapt with the changes is necessary to move forward. Following and learning how to utilize the advances in communication, we are now given the freedom to talk to people far away on a regular basis and stay up to date with their lives. It is just a question of whether these new ways of keeping in touch will diminish the strength of our relationships with those close to us, or enhance them.
Sloan Arogeti
Life in Technicolor
Sloane Arongen made this book in the fall of 2013 at the University of Alabama to show her knowledge of the Brum leaf binding. This book was inspired by the Coldplay song "Lifelike." The images are based on a self portrait and created using the paper cutout technique. Sloane used paint samples and a variety of scrapbook paper. She would like to thank Home Depot for all of the paint samples.
Mallory Herring

El Orfanato

Go through the gates of happiness

Go back to the summer that changed my life
Herring created a book in the Fall of 2013 at The University of Alabama. She used photo print paper, scrapbooking paper, and glue as her materials. This book was inspired by her summer spent at Houses of Happiness orphanage in Conocoto, Ecuador. It is a reminder of the wonderful, beautiful people and children that work and live there.

James 1:27
6A.M. Alarm goes off. I want to hit snooze, but I know I have to wake up and finish that paper for my Stress Management class. Now I’m thinking about all the work I have to do today. I have four major papers and four exams coming up and four books to finish reading by the end of the week. I get up to brush my teeth. Darn! My toothbrush has been chewed up by my cat, Shadow. Where’s Shadow? I can’t find her. Shoot—she ran away again. Better go eat breakfast and hope she comes back before I have to hurry to the library. What?! My roommate ate all my cereal. Great! I guess I’ll go to Starbucks and get some coffee. Better yet, how about I go to yoga class?

Breath in. Breath out. The teacher tells me once again, breath in, breath out. Typically I am annoyed by the breathing exercises at the beginning of a traditional yoga class, but today I know I need the stress relieving effects they have to offer. I started doing yoga in 2011 as a way to relax my body and calm my mind. I was super
stressed out and yoga was the haven I found to help me de-stress. I love yoga and plan on completing a teacher training in summer 2014. While there are many methods for managing stress, the one I’ve found that helps me is the ancient art of yoga. I think yoga is a great exercise for everybody.

On your hands and knees. Now arch your back inward while breathing in; arch it like a cat when you breathe out. Repeat. Times are hard and we Millennials often feel overwhelmed by the amount of stress taxing our fragile systems. When we get stressed, our sympathetic nervous system is activated and adrenaline and cortisol are released into our blood. Our muscles tense up. When we are relaxed our parasympathetic nervous system is activated, which is the relaxation response. The majority of us spend most of our time in hyper-sympathetic mode. In our day and age, the media is constantly telling us how we should look, feel, and act. This pressure is heightened for many Millennials because body image issues have a huge impact on our generation. The news is constantly running stories about crime, corruption, and global warming. We worry about our relationships, our jobs, and our earth. With everything going on, our generation needs to find a way to relax. Yoga has the power to turn off our sympathetic nervous system and lower our levels of adrenaline and cortisol. Here, in cat pose, in yoga class, I feel calm.
Now stand at the front of the mat. Ground your feet in the earth and lift your head and arms up to the sky. During yoga class my mind usually wanders far away. Throughout history, yoga has been used as a tool to prepare the body for a transcendental experience. Yoga evolved and transformed from an ancient Hindu tradition. Stone carvings depicting characters in yoga poses over 5000 years old were found in the Indus Valley. The Indus Valley is the birthplace of the Vedas, meaning “knowledge” or “wisdom”. They are the oldest Hindu scriptures in the world and they lay out holistic medicine prescriptions and public health concerns. This was the basis for Ayurveda, the traditional sacred health science. Yoga was born of this ancient wellness tradition. These traditions were originally passed down orally until they were written in Sanskrit. Yoga is a Sanskrit term which means union, or to yoke, and whose method is a focus on creating unity of body, mind, and spirit. Patanjali wrote about yoga for the first time in 200 BC in his Yoga Sutras. His Sutras comprised of a 8-fold path whose consistent aim is creating and maintaining wellness in the mind, body, and spirit. Many yogis choose to follow these 8 limbs to deepen their yoga practice and attain enlightenment.

Breathe in and extend out through your arms and open up your chest. Breathe out. In yoga, I have to try to focus on my breath and not let my mind wander. The oldest form of yoga is a form of inner focusing much like meditation, with the aim of having a transcendental experience. The transcendental nature of this experience is likened to enlightenment or a feeling of unity with God. Usually a mantra is repeated to induce positive thoughts and to help clear the mind. There are many forms of yoga and they are all paths to self-transcendence for unity with the divine, or “Absolute.” The goal is to break through our ingrained patterns and to realize our true nature that is bliss. Yoga also focuses on developing self-awareness as an act of self-study. Yoga has the power to help us clear our minds of all the busyness they accumulate throughout our lives.

Now hinge at the hips and let your arms fall down to your toes. Forward fold. Ahhh, breath out. When we think of doing yoga in modern times, it is usually hatha yoga we are thinking of. Hatha Yoga developed in medieval times as a way to develop the body’s potential or to construct a divine body. It is a form of yoga that focuses on Asanas, or physical postures, and Pranayama, breathing exercises. Prana means breath, or life force, and Pranayama are practices for harnessing the life force. The aim of Hatha yoga is to stretch and strengthen muscles including the diaphragm with breathing exercises. This is a huge difference from the early aesthetics that believed in harnessing the divine through abusing the body.
Standing warrior pose. Lunge deeply with your arms and top of your head reaching for the sky. Yoga arrived in the U.S in the 1800’s when the popular teacher Vivekananda spoke about yoga at the World Parliament of Religions in 1893. Yoga didn’t become popularized until the 1960’s when the Baby Boomer generation picked up the habit along with psychedelic drugs, peace, and love. Hatha yoga has since boomed into a multibillion-dollar business with over 20.4 million Americans practicing yoga in 2012, compared to 1 million practitioners in 1990 according to Yoga Journal. Practitioners spend 10.3 billion dollars a year on yoga classes, and products.

My core is engaged and my legs are shaking. I feel like I am going to fall, but I hold the pose as gracefully as I can. I am finding my balance. This is dynamic tension. Since the 60’s the Yoga industry has grown like a wet acorn in good soil and sunshine. In 1975, Yoga Journal was first published. In the 1980’s Dr. Dean Ornish did groundbreaking research that linked yoga to heart health. The organizations Unity in Yoga and Ad Hoc Yoga developed international yoga conferences from 1982–1985. Standards for yoga teacher training were established by Yoga Alliance in 1999. In 2013 the White house approved of yoga as a national exercise. It makes sense how big yoga has gotten in recent years.

I flow through the rest of the poses using the heat I’ve built up from the standing poses. I think this exercise has the potential to help everyone manage chronic illness and promote general health and well-being and should be considered as a form of health care for our generation. According to the American Medical Association, 3 out of 4 chronic illnesses and doctor’s visits are caused by stress nowadays. Stress impacts the immune system, heart rate, and breathing all
negatively. Yoga is proven to counteract the negative effects of stress every time you practice and is accessible for all ages.

Ground your feet. Put your weight in your left foot and lift your right foot to your inner thigh. Balance in tree pose. In order to assess my generation’s knowledge of yoga, I conducted a survey. 75% of people I surveyed felt peace and calm after their yoga class. When asked if yoga is a good exercise for our generation, one Millennial responded, “ABSOLUTELY!!! Yoga is acceptable exercise for all. My generation could really benefit from the mindfulness of yoga (we can be quite self-centered).” Another Millennial responded, “of course–our generation is already so busy and a lot of people are starting to bike more than walk, so I think it is time for more people to realize that a healthy mind is just as important as physical health.” The pie chart shows how often survey respondents participated in yoga.
Already it’s the end of class and all the stress from my day melts away as I lay in Shavasana, the final relaxation pose. I can speak for my generation when I say yoga has had a profound effect on us. Yoga is about moving slowly into the poses while listening to your body so that you can know when to stop. When we work hard at yoga, we are able to stretch further and further each time we practice. Yoga cultivates a calm equanimous mind and has potential to do wonders for stress relief for all generations. Namaste.
Drawings

Hunter Strong

Hunter Strong
Mathew Pereda

Diverse

1. I’m different, now—more accepting, wouldn’t you say? Wouldn’t you say that my beliefs aren’t so stringent? I rub the Buddha belly when I get the chance; I punish myself when I wrong my neighbor.

2. I don’t restrict my spending to American brands. I disperse evenly among several of my favorite, racially diverse designers; I shop Chinese-made products, Mexican-made. However, I am monetarily frugal. I do not buy music; I shop thrift stores for gifts.

3. I am farther left than my father thought possible. I preach pro-choice, given certain conditions.

Hills of vegetation like slumps in time.

A blanket of red hands stitching, carefully and orogenically, red threads into a pillowcase.

Blue is, or isn’t, the reason, being a point of reference, of reverence.

Forget me not.

That’s the message me filter down through undulations. Red throats from harsh emissions of converted intake.

I am the self that is impermanence bound in a carbon slip, portraying the entirety of the entity.

Let us re–examine red. Let us do so with graces of a good ship bobbing with force and preemptive–ness uncertain in its determined–ness.

A revelation at the coincidence. A revelation at the sight of skin.

The broken confidence in providence.

The solitude felt within a group of people whispering sweet pomegranate promises, juice carving canyons down their chins.

Sour in its afterglow. Sour in a way that draws blood below the surface.
Gabrielle Taylor
Wide Open
This book was inspired by my brother, Kevin Taylor, Jr.’s, instrumental “Wide Open” and expresses various concepts and contrasts of being “wide open.”

Made with original self-photography printed on Southworth 100% cotton paper and folders made from Canson paper.

Made by Gabrielle E. Taylor, University of Alabama, March 2013.
A lot can be said about the Millennial Generation: we’re lazy, we depend too much on technology, and we don’t know the value of a good day’s work. While all of these accusations may or may not be true, the one fact about this generation is that we come in all shapes and sizes, thoughts and opinions.

**Sex Is Always On My Mind**

Let’s be honest.

As much as we like to defend ourselves to older generations and say we aren’t “sex-crazed,” that is a load of lies. It seems like people who do interviews that try to disprove this are trying to make our generation look better, which is a problem because there is nothing wrong with being “sex-crazed.” There is nothing wrong with waking up at three o’clock in the morning and wanting your boo thang to put it down on you.

A recent anonymous survey that I conducted of Millennials proves this. One survey participant stated, “I identify as being sex-positive so it’s important to me that sex isn’t shamed by those around me. I enjoy
having it and can feel frustrated when I haven’t for a while.” Sex is a thing. Actually sex is a big thing with us.

Another survey participant recounted how important sex was to him when he was a teenager, saying, “When I was in high school me and my boys would have a list of all the girls we messed with, how many times, where and when. At the end of the month we use [sic] tally up how many times we’ve hit and with who and the losers would owe the winner some food.”

The graph above illustrates responses from 50 participants surveyed on the importance of sex.

**Ain’t No Shame In My Game**

Being able to express our sexual desires freely has always been important to the Millennial Generation. We’ve become a lot more sex positive. Older generations look back on us with disdain and disbelief at how free we are. One Baby Boomer I interviewed recalled, “I remember when I was a young woman back in the 60’s it was a lot freer than when my own mother was my age. It was not the end of the world if I was caught kissing a man out in the street but some things were still not done. I look at my granddaughter’s generation and the manner in which they conduct themselves and I shake my head wondering, Where are these children’s parents and why in the hell ain’t they
whoopin’ some sense into them?” During the interview, she recounted seeing young girls “bounce dat [sic] ass” all over young men, and she seemed cross. I think she was upset she couldn’t do this when she was our age. I believe older generations envy us for our freedom. After listening to and viewing some of the results from my survey, I’ve concluded that the years leading up to the Millennial Generation were sexually suffocating and worlds different from our current dating scene. It’s possible these sexually suffocating years forced previous generations to bottle up their emotions and find other ways to release them.

One thing Millennials can always claim is that we’ve always been free. When we get old enough – or decide we are old enough – to make these kinds of sexual decisions, we do just that. We make them. We do what we think will make us feel good and we don’t worry about what the rest of the world has to say about it. Many Millennials don’t fear that having sex at a young age will affect our ability to “find a
man.” We rarely think, “Should I really try this weird sexual thing? What if it gets out? What if other people find out and look at me like I’m crazy?” Our generation is so open and free – to the extent that today there is a short list of things we could do that would get us shunned sexually.

**Couldn’t Care Less**

Even though sex is important to most of us in the Millennial Generation, there are some out there who are less enthusiastic. One such survey participant explains: “It’s not that big of a deal. I mean I get that people love it cause it’s fun and enjoyable but it’s not the be all end all kind of thing. I’ve had more fun watching television with friends than having sex with someone so it’s just whatever to me.”

The above graph shows the likelihood of 50 individuals participating in what would be considered as “deviant” sexual activity by Millennials.

**Forget About Marriage, Let’s Just Bang**

With more and more Millennials approaching the age they deem necessary to have sex (middle to late teens) one can imagine that waiting for marriage to have sex is not a high priority.
“I had sex for the first time when I was a junior in high school. All I cared about was boning the girl not whether or not she’d marry me. If she’d been like ‘We can’t have sex until we’re married,’ I would have just found another chick,” says one Millennial.

**Baby Let’s Get Married**

While most of us give into a carnal pleasures there are a few Millennials out there that find it important to wait. Ten percent of the students I interviewed aligned themselves as religious and agreed with this statement: “Having sex outside of marriage is morally unacceptable for an unmarried person.”

**Slaves to Society**

We’re freer than we were but not as free as we could be. We still have confined sexual norms and there are still “deviant” behaviors that can get you permanently shunned by your peers and the rest of soci–
ety. Slut shaming is rampant. It’s okay for a guy to have sex with six, seven, or eight girls but if a girl does it, she’s still labeled easy.

On the other hand, girls are allowed a little more freedom to experiment than guys our age. A girl can have sex with another girl, then go back to a guy and not be labeled gay. But if a guy has sex with a girl, then has sex with a guy, he’s automatically labeled gay regardless of his actual sexual orientation. So we’re different from all the other generations sex-wise. We are a contradiction to ourselves and yet still wilder and freer than previous generations.
The first thing to say, and repeat after me:

‘Tonight is to think of hysteria and what’s to be said and what’s not.’

Now, form a circle out of memorization.

Now, seek out a haven. Now, find a place of sweet security.

There is a lot to be learned.
Mathew Pereda

Disinter

Soon, he would disinter and finally become somebody else entirely. His fingers would curl amorphously: ashy sticks.

His skin-slip and everything inside would be a void in two months, brutishly nothing. That’s how long you have to live!

Live! Eat! Your body will drain!
Live! Fuck! We know you want to!

They tell him it’s manipulation of growth.

He only went in for his fingers. My fingers! he says.
Is it catastrophical sarcoadenoma? He researched it.
Holly Jordan

How to Get to the Arboretum
THINK OF ME.

The subject of this book was selected for the special meaning it holds to the author. The quiet and peaceful nature of the UA Arboretum make it the perfect spot to study, go hiking with friends, or go exploring with a dog. In short, the Arboretum is a place where one can escape from the outside world and just enjoy nature. The author hopes to make more of his range for the UA Arboretum in the future.

This book was designed and assembled in October 2013 by Holly Jordan at The University of Alabama. Materials utilized include particle board, decorative paper, and aussi photographs. All text was stamped by hand. A calligraphy pen was used for illustrations.

This is the author’s first book and he is excited to share his love of the UA Arboretum.
Young ladies aren’t ladies anymore.
Like my hair isn’t brown anymore.
Those hussies compete to be
what I lived for.
They want the nice things
and acknowledgment
and to stay thin.
Maybe one day I’ll admit
that they can’t be me
and that I can’t be them.
Mathew Pereda

Connected

1. I’ve recently been attached to another person’s hip, and it’s not all about tripping on each other’s feet—we’re both quite respectful. As men, we avoid contact. He is six inches taller than I am, so I guess it’s his hip on my waist, and it’s not too bad. He wears nice shoes.

He’s just accepted my friend request, so I slide through his pictures, find out he’s a Conservative that believes in Coexistence, that he’s been a vegan since last week. I think he’s all right, and I think I am falling in love with him, but I’m interested in women, and he doesn’t use punctuation, and he likes his family, and that makes us worlds apart as far as I’m concerned.

2. Guy takes a lot of pictures. Likes Faulkner, women, arts and crafts, Rugrats, politics, likes eating at sushi & steak places. Jesus—I’m a vegan.

We’re caught at the hip. Been like that since recently. I don’t ask too many questions. As a guy, I avoid this.

He doesn’t have many friends—roughly 200. He’s just sent me a friend request. I accept it because he’s really grown on me.
Taylor Jenkins

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BASED UPON PAST EXPERIENCE AS A RACECAR MECHANIC, THIS BOOK WAS CREATED TO REMEMBER EVENTS, AND CREATE A SENSE OF WHAT HAPPENED. MANY GREAT EXPERIENCES AND FRIENDSHIPS WERE CREATED IN THE VERY SPOT WHERE THIS PHOTO WAS TAKEN.
Jacob Reed

The Green Road (to Greenbriar)
Book Arts
Big wave surfing requires no fear. No wave could scare the surf gang, Bra Boys, from Maroubra, Australia. Such massive, life-threatening natural forces only struck their curiosity more. The waves, occasionally standing triple overhead, constantly seduced the outrageously audacious surfers. Playing with death awakened them to life.

The Abberton brothers exemplified the core foundation for the Bra Boys in the late 1980s and early 1990s. With such devastation and corruption in the Abberton brothers’ family life, escape was necessary to survive. A brotherhood was born through shared experiences of pain and suffering. The past haunted their present, yet pushed them to risk it all out in the surf.
In America, we tend to view surfers as “cool” and “hip”, especially along the west coast. However, in Australia, surfers were labeled as lazy, insignificant, trouble-making beach bums. The surf culture never had a positive beginning. James Cook colonized the Australian coast including Maroubra beach in the late 18th century. Aborigines bathing in the ocean were seen as invasive scum, who did not work and benefit society as a whole. Even up to the 1960s when the novel and TV film series, *Gidget*, was gaining great popularity in the US and encouraging Americans to hit the beach, Australians had to pay to surf and wear “skirts”. This tactic was used thinking the embarrassment of such uniforms would drive surfers and beach goers away. However, it takes much more than a silly outfit to chase off surfers from their lifestyle. As a result, surfers mocked the idea and wore dresses and bonnets to the beach. Weeks later the law was dropped. It wasn’t until the late eighties and early nineties when surfing brought on an outrageous party culture in Australia.

Surfers in Australia formed a unique brotherhood bond found nowhere else in the world. Partying and having fun was the ultimate distraction needed to escape from their low quality home lives. In the nineties, out of less than 25,000 citizens, Maroubra had 1,000 unemployed citizens living in slums along sewage plants. Like the Abberton brothers, most children in their neighborhood lived in a household polluted with drug, violence, and no money to live off of. The young...
boys, ranging from thirteen years old and up, found refuge at Ma’s house. Grandma Abberton was the only positive mother figure in the young boys’ lives. And so, the nineties rebirthed the safety of a surf club.

Throughout Australia’s history, surf groups have always been prevalent and deeply rooted in the country’s modern culture. The surf group’s name would change, and members would come and go, but the spirit of brotherhood was forever kept alive. The documentary, *Bra Boys: Blood is Thicker Than Water*, was written, directed, and produced by Koby Abberton and released in 2007 worldwide. The film unleashed the surf gang culture and historical events starting from the late seventies to present day.

In the early nineties gang violence and surfing became a culture one in the same. Unfortunately, the once positive outlet of big wave surfing turned into persistent shootings, stabbings, and neighborhood warfare. Boys as young as fourteen and fifteen years old already had scars and severe injuries from weekly brawls. The Bra Boys were programmed into fighting machines, never safe wandering the streets alone. Localism grew ugly and the thick line of pride was constantly challenged. A current member of the Bra Boys surf gang described how their harsh environment required them to “fight heavy shit with heavy shit”. They were notorious for never backing down, for it was part of their culture.

On December 22, 2002 the tides became stronger, not yet turning for the Bra Boys favor, only escalating the problem to greater height. A birthday party was thrown for one of the Bra Boy’s members with 300 plus brothers. Off duty officers found themselves at the wrong place at the wrong time. The officers were caught in a brawl and ambulances had to come to their rescue. The incident cost the Bra Boys a fortune in criminal charges adding up to thousands of dollars (which they could not afford to pay). After this incident, the police instantly spread hatred throughout the community for this particular surfer group. The violence from then on became personal. Every incident, whether the Bra Boys were involved in it or not, was targeted towards the surfers. The bad reputation stung the Bra Boys’ identity.

Only a couple months later, a greater tragedy struck the Bra Boys, changing their perspective and lifestyle forever. A dark and dis-
turbining member named Tony Hines pushed the limit of the brotherhood. On August 5th, 2003 Tony Hines and Jai Abberton were driving along with a woman companion. Tony Hines insisted on raping the woman, but Jai Abberton refused. Tony Hines became violent and in retaliation Jai Abberton fought with Tony to the death. Jai dragged Tony’s body across the road and pushed him off a cliff. Jai Abberton was facing charges of murder and a possible 15-year sentenced in prison. This devastating event caused pain and agony for the Bra Boys brotherhood, especially tearing apart the Abberton family.

The anxious months following the murder were long and hard. Jai waited for his unknown fate. Therefore, Jai decided to ride the biggest waves possible. If he was going to be locked up in a cell for years to come, he decided to risk it all out in the surf. Due to his fearlessness and courage to push the thrill of life to the boundaries, local Australians admired him. He became a hero, especially during a pro surf contest, competing against world famous pro surfer Kelly Slater.

“The Bra Boys found a voice not through violence and hatred but through encouraging peace and optimistic thinking.”

Luckily, after months of waiting and facing the final trial, Jai Abberton was found not guilty. Not only did the court send him away as a free man, the jury cried and praised Jai for his bravery, inspiring attitude,
and positive outlook on life. From then on, the Bra Boys found a voice, not through violence and hatred, but through encouraging peace and optimistic thinking.

Why fight fire with fire when you have water? The Bra Boys challenged their devastating home life with fighting and violence. Once they returned to their core, the art of big wave surfing, the tides turned and peace was restored. It takes extreme trust and faith to ride big waves. If one tries to fight against a big wave, all that comes of it is instant death. The beautiful paradox of big wave surfing is once you paddle hard, drop in, and fully immerse yourself in the life-threatening wave, you are safe.

I admire the Bra Boys for embracing courage and passion while disregarding fear and unfortunate circumstances. The Millennial Generation especially has an overwhelming amount of opportunities, which can help us succeed or act as a heavy burden causing us to fail. We have a choice: to be pounded by endless waves of distractions and change, or simply ride the wave and let it take us higher than no other generation has been placed before.
Staff Profiles

April Harris

Works as Editor, NCR
Lives in Copperas Cove, Texas
Majors in Public Relations and Creative Writing
About me: I used to play basketball but that was before the unfortunate woodchuck incident. Then I got to college and switched to rugby, and it’s going well barring that the team doesn’t kick me out after that regretful situation involving one of our veteran players and the handle of a tennis racket.

Mathew Pereda

Works as Graphic Designer, NCR
Lives in Ashville, Alabama
Majors in English, Creative Writing
About me: I’ve still got pumpkins on my porch that I bought for Halloween. I had Thanksgiving dinner on Wednesday this year. I’ve been experimenting with short forms and flash fiction, trying to write about my own life for once. I never write about my cat.
Camden Adrian

Works as Copy Editor, NCR
Lives in Chicago, Illinois
Majors in New College
About me: Tea lover, farmers market frequenter, friendship bracelet maker, traveler

Jessica Edmundson

Works as Public Relations, Submissions, NCR
Lives in Montgomery, Alabama
Majors in New College, Interdisciplinary Studies: Sustainable Body
About me: I love hula-hooping, yoga, gardening, my cat Shadow, activism, and listening to live music. I dream of making the world a better place for future generations.

Chase Brocato

Works as Layout Coordinator, NCR
Lives in New Orleans, Louisiana
Majors in Communication Studies
About Me: I enjoy all things sports especially Alabama football and New Orleans Saints football. I am an avid sports fan that likes to have a good time in everything I do and live by the motto to live life to the fullest.
Cora Lindholm

Works as Photographer, NCR
Lives in Portland, Oregon
Majors in Photography and Journalism
About me: Play any Madonna song and I guarantee you I'll know all the words. Confidence, love, and inventiveness is what I strive for each and every day. The ocean is my safe haven, surfing is my passion, and travelling has been my greatest gift. I am your typical west coaster deeply drawn to the love and hospitality of the South.

Morgan Harrison

Works as Submissions Coordinator, NCR
Lives in Knoxville, Tennessee
Majors in Biology
About me: Two wrongs don’t always make a right, but three rights make a left. 1. Shh. 2. Just go with it.

Amy Pirkle

Works as Faculty Advisor, NCR
Lives in Tuscaloosa, Alabama
Teaches in New College, Honors College, and the Department of Art
About me: Who was born in the 1980s but identifies as Generation X, loves the television show 30 Rock, and speaks limited French? This moi.
Photos/videos of New College Review Staff

New College Review
Staff Photo! –with Amy Pirkle, Cora Lindholm, Camden Adrian, Morgan Harrison, Mathew Pereda, Jessica Edmundson, and April Harris

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New College Review Staff
Editor: April Harris
Graphic Designer: Mathew Pereda
Photographer: Cora Lindholm
Public Relations: Jessica Edmundson
Submissions Coordinator: Morgan Harrison
Copy Editor: Camden Adrian
Layout Coordinator: Chase Brocato
Faculty Advisor: Amy Pirkle

New College Review
New College
College of Arts and Sciences
The University of Alabama
201 Lloyd Hall
Box 870229
Tuscaloosa, Al 35487–0229
info@nc.ua.edu